



Junior Sailing Camp 2023



10 Participants

- Anabella
- Jackson
- Ella
- Mattie
- Bea
- Henry
- Ben
- John
- Micah
- George



60% Retention from Previous Years



- Anabella
- Henry
- Ben
- John
- Micah
- George

First Year Participants

- Jackson
- Ella
- Mattie
- Bea



Volunteers

- Jeremy Kirby
- Mike Darrol
- Skeeter Chilton
- Lisa Weatherholt
- Mick Walsh
- Zach Kirby
- William Blackstock
- Grant Gerondale
- Maurice Casad
- Andy Leithner



Former Student Volunteers

- Skeeter Chilton
- Zach Kirby
- William Blackstock



Core US Sailing Competencies Learned



- Water Safety Awareness
- Capsize Recovery
- Points of Sail
- Steering
- Sail Trim
- Rigging
- Upwind Sailing
- Downwind Sailing
- Tacking
- Jibing
- Returning to Dock

Extension of Program

- Monday Evenings 6-9PM
- Saturday Mornings 9AM-12PM



Participants in Extended Program

90% So Far:

- Anabella
- Jackson
- Ella
- Mattie
- Bea
- Henry
- Ben
- John
- Micah
- George



Lessons Learned



- VHF Radios in student's boat is very helpful for coaching.
- 30 Minute Lessons seem more effective than longer lessons.
- Waverunners are very effective for coaching (+no prop strike risk)
- Time on water is the most effective way to learn to sail.
- Lots of skills rusty from previous years, continued education/practice is key for retention.